

Welcome, to the CPPE North West Newsletter Spring 2024.

It has been a busy start to 2024 for pharmacy professionals, especially those providing and linking in with the new NHS Pharmacy First service.

We have a lot to share with you, so we have created this handy document with live links to help you to quickly find what you are looking for. We hope you find it useful.

We would like to welcome Joanne Nevinson to the CPPE North West Regional Tutor team. Jo will be working with Craig, Sarah & Michelle to support your learning, find out what learning you would like to see from CPPE and raise awareness of the CPPE programmes available to you for free.

If you have any questions, suggestions of what should be included in future newsletters or would like a copy of past newsletters, please contact one of the regional tutors:

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Online workshops

Our online workshops offer the same range of activities, group discussion, small group learning & networking as our face-to-face workshops, but can be experienced from the comfort of your own space. Pharmacists, pharmacist trainees and pharmacy technicians from any area of practice are welcome to attend.

Places book very quickly, although more dates may be released later in the year so do keep checking if the events look full.

Our current topics include:

- NEW [Supporting people living with dementia : CPPE](#)
- NEW [Neurology in primary care : CPPE](#)
- NEW [Lewy Body Dementia : CPPE](#)
- NEW [Asthma: optimising adherence to medicines focal point : CPPE](#)
- [NHS Pharmacy First: Clinical assessment – essential skills online workshop : CPPE](#) (previously CPCS essential skills)

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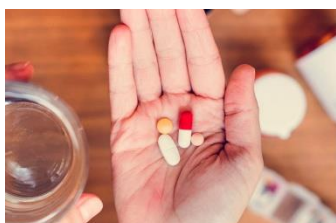
- [Atrial Fibrillation focal point](#)
- [UPDATED Deprescribing](#)
- [Familial Hypercholesterolaemia – focal point](#)
- [Supporting people living with frailty](#)
- [Medicines reconciliation in transfer of care - optimise](#)
- [Opioid deprescribing in chronic pain – focal point](#)
- [Type 2 Diabetes: supporting people better – focal point](#)
- [Hypertension - focal point](#)
- [COPD – focal point](#)
- [Emergency Contraception](#)
- [Falls prevention](#)
- [Mental capacity act 2005 and covert administration of medicines](#)



New programmes

The CPPE learning & development team have been busy, and we have many new programmes to share with you to support the development of all pharmacy professionals including the hot topics that are a focus for the NHS.

NEW Introduction to appropriate polypharmacy e-learning



The statistics for people who take ten or more medicines is shocking, with people being 300 percent more likely to be admitted to hospital. However, some people do need a number of medicines to support their care. The [introduction to appropriate polypharmacy](#) 2 hour e-learning has been designed to support pharmacy professionals to recognise when polypharmacy is appropriate and when it is problematic. The programme also introduces you to tools and resources that will enable you to work in partnership with people to manage their multiple medicines.

NEW Osteoporosis: a focus on prevention e-learning



The impact of osteoporosis can be far reaching with one in two women over 50 breaking a bone due to osteoporosis. The [Osteoporosis: a focus on prevention](#) 2 hour e-learning supports you to recognise symptoms and risk factors including using tools and resources. The programme also helps you to support patients to make an informed shared decision about their care.

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NEW Genomics in Pharmacy: an introduction to person-centred consultations



Genomics is a form of personalised medicine that is transforming healthcare. As genomics becomes more mainstream, pharmacy professionals are well placed to support people with information about genomics and how it can optimise their care.

[*The Genomics in Pharmacy: an introduction to person-centred consultations*](#) is a 90-minute e-learning that aims to increase your knowledge on genomics including application of genetic testing and pharmacogenomics and how you can support people during

your consultations with a person-centred approach around genomics.

Fundamentals of Child Health e-course

The [*Fundamentals of child health*](#) e-course was released just after the Autumn newsletter. The e-course includes many aspects of child health that pharmacy professionals encounter including minor ailments, vaccinations, and consultation skills. The e-course is estimated to take 21 hours to complete (approximately 3 hours a week over seven weeks)

The seven unit's cover

- Unit 1 - Child development
- Unit 2 - Medicines for children
- Unit 3 - Consultations with children
- Unit 4 - Mental health and wellbeing
- Unit 5 - Common ailments
- Unit 6 - Skin rashes and common infections
- Unit 7 - Long-term conditions

NEW Asthma: optimising adherence to medicines – focal point

The [*Asthma: optimising adherence to medicines – focal point*](#) is the newest CPPE online workshop available to book. The focus of the workshop is to give you confidence to support patients to optimise their adherence to Asthma medicines. You will consider how to identify non-adherence, the different types of non-adherence and how to use a person-centred approach to optimise adherence through personalised interventions.

NEW Supporting people living with Dementia

The [*Supporting people living with Dementia*](#) online workshop focuses on recognising and supporting people with cognitive dysfunction. The programme considers the impact of Anticholinergic burden and help you to recognise, manage and optimise care for people living with dementia and their carers.

NEW Lewy Body Dementia

The [Lewy body dementia](#) half day workshop was originally designed to support the Primary Care Pharmacy Education pathway but has now been made available to all. At the workshop we will be joined by a guest speaker who will support the discussions with a presentation and activities to update your clinical knowledge of Lewy body dementia to enable you to optimise the medicines of people living with this condition.

NEW Neurology

Like the *Lewy body dementia workshop* the [Neurology in primary care](#) online workshop was originally designed to support the primary care pharmacy education pathway but has now been made available to all. A guest speaker is also present at the workshop giving a presentation and supporting discussions to update your clinical knowledge on the pharmaceutical management of several long-term neurological conditions. This will enable you to help facilitate the seamless transfer of care for people living with these conditions between different care settings. You will consider how to support people living with multiple sclerosis, Parkinson's and Acquired Brain Injury.

Pharmacy First

The new NHS Pharmacy First service launched on the 31st January. As the service starts to build momentum you may find that you have some knowledge and skill gaps.

CPPE has developed a range of resources to support pharmacy professionals to provide a safe and effective service. Below are some key links to support you.

CPPE [NHS Pharmacy First Service webpage](#)

Self-assessment framework

✓NHS Pharmacy First Service – service specification, clinical pathways and PGD's

✓Competency requirements

✓Evidence of competence

✓Learning resources to support your development

✓Useful CPPE resources to support the delivery of Pharmacy First (Not mandatory)



This page hosts a range of information of resources including:

- A [self-assessment framework](#) – this framework has been designed in partnership with NHS England to help you to reflect on your knowledge, skills and behaviours that are essential to provide all three elements of the NHS Pharmacy First service, an identify any gaps and make an action plan to support your development.
- Links to the [Pharmacy First Service Specification, clinical pathways and PGD's](#)
- Links to key CPPE programmes to support the service including:
 - NEW [Dermatology e-learning](#) – 2 hours
 - [Pharmacy First essentials e-course](#) – 8 hours
 - NEW [Pharmacy First Otis media e-learning](#) – 1 hour – medic led video & quiz
 - NEW [Pharmacy First Sinusitis e-learning](#) - 1 hour – medic led video & quiz
 - NEW [Pharmacy First Sore throat e-learning](#) - 1 hour – medic led video & quiz
 - [Pharmacy First: Clinical assessment essential skills online workshop](#) (formally CPCS essential skills)
 - NEW [UTI e-learning](#) - 30 minutes
 - NEW [Urgent care: the role of community pharmacy and the NHS Pharmacy First service : CPPE](#)

Leadership

Leading for change. New cohorts starting in Spring 2024

The CPPE [Leading for change programme](#) is now open to pharmacy professionals from all areas of practice including community pharmacy, hospital, primary care and the prison service. This fully funded leadership programme is open to anyone who has responsibility for leading a team or leading services within their organisation. *Leading for Change* comprises four online modules, delivered over six months each supported by a compulsory online workshop and optional networking Zoom Room. To successfully complete the course, you need to attend all four workshops, contribute to the discussion forums and complete a written assignment to demonstrate how you have put your learning from the programme into practice.

Chief Pharmaceutical Officer's Pharmacy leaders development programme

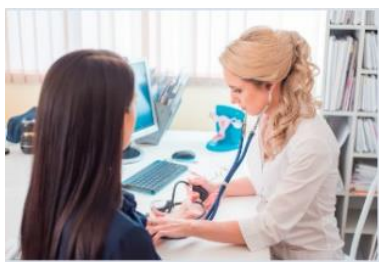
The [Chief Pharmaceutical Officer's Pharmacy leaders development programme](#) is for experienced pharmacists and pharmacy technicians who aspire to lead large and complex NHS departments, services, teams or systems of care to benefit patients and local communities. It aims to develop the knowledge, skills, attitudes and behaviours to help experienced pharmacy professionals become outstanding, compassionate and inclusive leaders, and improve the performance of the teams and the people who work with them to deliver improved outcomes for patients and the public. A key objective is to make a positive contribution to improving the diversity of those in senior pharmacy professional leadership positions in the NHS.

The programme has two themes that run throughout: a focus on the 'line of sight' to the quality and experience of those who access health and care services; and a commitment to embed excellence in equality, diversity, and inclusion within all aspects of leadership. The programme offers a comprehensive mix of residential workshops (nine months apart), optional online specialist study days, and small group support to build capability, confidence, and networks across the wider system.

The closing date for applications to join Cohort 6 will be **midday on Monday 15 April 2024**

Pharmacy Technicians

Community pharmacy technician: advancing your role



The [*Community pharmacy technician: advancing your role*](#) programme has been launched in collaboration with the Pharmacy Integration Programme at NHS England has recently had the application window extended. The fully funded learning programme is designed to help community pharmacy technicians develop the skills and confidence to deliver effective clinical services in community pharmacy. Pharmacy technicians who currently work in community pharmacy and are looking to upskill themselves to develop their roles in practice can apply to take part.

The different topic areas in this programme will support pharmacy technicians to demonstrate appropriate clinical assessment skills and apply them to practice, to apply the essential knowledge and skills required to deliver highly effective clinical services in community pharmacy, and to apply relevant clinical therapeutics to person-centred consultations, ensuring that shared decision making is prioritised.

The programme consists of the following components:

- Four-month self-directed e-course comprised of six modules
- Learning needs assessment (LNA) at start of programme
- Initial meeting with an education supervisor to discuss learning needs and form an action plan
- Approximately 4-6 hours of learning per week
- One face-to-face workshop on clinical assessment skills (CAS)
- Workplace practice of CAS – to be signed off in practice
- Mandatory two-hour evening workshop for reflection in month four
- Optional monthly one-hour peer support sessions

Prescribing

If you are a prescriber, training to be a prescriber or thinking of becoming a prescriber CPPE has a number of resources and learning programmes to support you.

Prescribing learning gateway page

For more support with prescribing for those who are planning or already prescribers we have the [prescribing learning gateway](#) with links to CPPE and external resources to support all stages of your journey as a prescriber

Prepare to train as an independent prescriber



The CPPE [*Preparing to train as an independent prescriber*](#) programme is open to pharmacists from all sectors of practice, including community pharmacists who are planning to commence their independent prescriber training with a Higher Education Institute (HEI). This is a fully funded course that helps pharmacists develop the skills and confidence to get ready and best prepare for independent prescriber training.

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Newly Qualified Pharmacists

CPPE is here to support you right from the start of your career. We have an extensive portfolio of learning for all areas of practice.

A key programme to support you is the [Newly Qualified Pharmacist Programme](#)

The overall aim of the [Newly qualified pharmacist programme](#) is to support newly qualified pharmacists to develop, and demonstrate, confidence and competence in core areas of pharmacy practice. The programme is designed to support pharmacists to become better equipped to adapt and deliver safe and effective patient care and overcome the challenges of this new stage of your career.

The 12-month programme, fully funded by NHS England as part of their [Newly Qualified Pharmacist pathway](#), takes a blended learning approach, offering a mix of online learning, workshops, assessment and work-based support through a designated CPPE education supervisor.

The programme includes the following online modules:

- Module 1: Person centred care and collaboration
- Module 2: Clinical knowledge, skills and decision making
- Module 3: Leadership and management
- Module 4: Education and research
- Module 5: Preparing to train as an independent prescriber

Trainee pharmacists

As a trainee pharmacist you will be in the final months of preparation for your GPhC examination and the start of your career as a registered pharmacist. You may find the following resources useful. The CPPE North West team would like to wish you the best of luck with your exam and final sign off.

The CPPE [guide to your foundation training year](#), lists CPPE and key external resources to support you in areas of high weighting (page 11 of the guide).

Often in practice you may encounter conditions that highlight a knowledge gap. CPPE have a range of clinical factsheets to support you with up-to-date clinical information. These factsheets cover a wide range of topics including hypertension, sepsis & cancer. They are available to access on the CPPE website.

[Clinical factsheets : CPPE](#)

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