

Lancashire and South Cumbria Pharmacy First Supply Formulary

| | | |
|--|--|---|
| Allergies including hayfever | Chlorphenamine 4mg tablets (30) Chlorphenamine 2mg/5ml syrup (150ml) Loratadine 10mg tablets (30) Loratadine 5mg/5ml syrup (100ml) Sodium Cromoglycate 2% eye drops (10ml) Beclomethasone dipropionate 50mcg/ metered dose nasal spray (200) | Adults and children 6yrs+ 1 year+(up to 12yrs) Adults and children 6yrs+ 6 years+(up to 12 yrs) Adults and children 6 yrs+ 18 years + |
| Athletes Foot | Clotrimazole cream 1% (20g) Terbinafine Cream (7.5g) | Children over 2 mths and adults 16 years + |
| Bacterial Conjunctivitis | Chloramphenicol eye drops (p pack (10ml) – Chloramphenicol eye ointment (p pack (4g) | Elderly, adults, and children 2 yrs + |
| Bites and Stings | Loratadine 10mg tablets (30) Loratadine 5mg/5ml syrup (100ml) Hydrocortisone cream 1%(15g) Crotamiton 10% cream (30g) | Adults and children 6yrs+ 6-12 years Children over 10yrs and adults (not in pregnancy) Adults and children 3 yrs+ |
| Headlice | Dimeticone 4% lotion (50ml x2) - Hedrin, Malathion 0.5% Aqueous Liquid (50mLx2) – Derbac M | Children over 6 months and adults |
| Colds / Flu Temperature / fever (children only) | Paracetamol 500mg tablets (32) Paracetamol 120mg/5ml SF suspension (100ml) Paracetamol 250mg/5ml SF suspension (100ml) Ibuprofen 200mg tablets (24) Ibuprofen 100mg/5ml SF suspension (100ml) | 12 years+ 3 months+ (up to 6 yrs) 6 years +(up to 12 yrs) 12 years+ 3 months+ (up to 12 yrs) |
| Cold sores | Aciclovir 5% cream (2g) | Adults and children 6yrs + |
| Headache | Paracetamol 500mg tablets(32) Paracetamol 250mg/5ml SF suspension (100ml) Ibuprofen 200mg tablets (24) Ibuprofen 100mg/5ml SF suspension (100ml) | 12 years+ 6 years+ (up to 12 yrs) 12 years+ 6 years (up to 12 yrs) |
| Nasal Congestion (for babies 3 months-1 year) | Sodium chloride 0.9% nasal drops (10ml) | 3 months- 1 year |
| Constipation | Senna tablets (20) Glycerin Suppositories 4g (12), Ispaghula Sachets (10) Lactulose 300ml | 12 years+ |
| Dermatitis | Hydrocortisone cream 1% 15g Aqueous cream 500g Emulsifying ointment 500g | 10 years + All ages All ages |
| Diarrhoea | Loperamide 2mg capsules (6) Electrolyte sachets (6) | 12 years+ 2 years + |
| Ear ache | Paracetamol 500mg tablets (32) Paracetamol 120mg/5ml SF suspension (100ml) Paracetamol 250mg/5ml SF suspension (100ml) Ibuprofen 200mg tablets (24) Ibuprofen 100mg/5ml SF suspension (100ml) | 12 years + 6 months-6 years 6 years-12 years 12 years + 6 months- 12 years |

| | | | |
|----------------------------|--|--|--|
| | Acetic acid 2% spray | | 12 years plus |
| Indigestion / Heartburn | Peptac Liquid (500ml) | | 6 years+ |
| | | | |
| Scabies | Permethrin 5% dermal cream (30g) Malathion 0.5% aqueous liquid (100ml) | | Adults and children 2 yrs+ Adults and children 6 months + |
| Teething | Paracetamol 120mg/5ml SF suspension (100ml) Ibuprofen 100mg/5ml SF suspension (100ml) | | 3mths-4years 3mths-4years |
| Threadworm | Mebendazole 100mg Tabs (1) | | Adults and children 2 yrs + |
| Vaginal Thrush | Clotrimazole cream 2% (20g) Clotrimazole Combi (500mg pessary, 2% cream) Fluconazole 150mg capsule (1) | | 16-60 years (male only) 16-60 years(female only) 16-60 years |

