

Welcome, to the CPPE North West Newsletter Autumn 2024.

The opportunities and expansion of job roles for pharmacy continues into the second half of 2024. A change in legislation has paved the way for pharmacy technicians to provide services using PGD's and the Pharmacy First service continues to gather pace. We have compiled some of the learning programmes that CPPE has to support you with these changes.

We have a lot to share with you, so we have created this handy document with live links to help you quickly find what you are looking for. We hope you find it useful.

Online and face to face workshops

Our online workshops offer the same range of activities, group discussion, small group learning & networking as our face-to-face workshops, but can be experienced from the comfort of your own space. Pharmacists, pharmacist trainees and pharmacy technicians from any area of practice are welcome to attend.

Places book very quickly, although more dates may be released later in the year so do keep checking if the events look full.

Our current topics include:

- [NEW Asthma: optimising adherence to medicines - focal point : CPPE](#)
- [Atrial fibrillation: improve detection and person-centred care - focal point : CPPE](#)
- [Chronic obstructive pulmonary disease \(COPD\) - focal point : CPPE](#)
- [Deprescribing : CPPE](#)
- [Deprescribing opioids in people with chronic pain - focal point : CPPE](#)
- [Emergency contraception : CPPE](#)
- [Falls prevention : CPPE](#)
- [Familial hypercholesterolaemia: supporting people better - focal point : CPPE](#)
- [Supporting people living with frailty : CPPE](#)
- [Hypertension - focal point : CPPE](#)
- [Lewy Body Dementia : CPPE](#)
- [Medicines reconciliation in transfer of care - Optimise : CPPE](#)
- [Mental health and wellbeing in primary care : CPPE](#)
- [NHS Pharmacy First: Clinical assessment and examination skills full-day workshop : CPPE](#)
- [NHS Pharmacy First: Clinical assessment – essential skills online workshop :](#)
- [CPPE Neurology in primary care : CPPE](#)
- [Type 2 diabetes: supporting people better - focal point : CPPE](#)
- [The Mental Capacity Act 2005 and covert administration of medicines : CPPE](#)
- [NEW Valproate: the hard conversations : CPPE](#)



Funded by:

Supported by:

Face to face workshop

[Optimising inhaler technique: improving outcomes : CPPE](#) 13th November 7pm-9pm, The Hough End Centre, Manchester, M21 7SX 7pm-9pm

CPPE Pathways and longer programmes

Newly qualified pharmacists

CPPE is here to support you right from the start of your career. We have an extensive portfolio of learning for all areas of practice. A key programme to support you is the [Newly Qualified Pharmacist Programme](#)

The overall aim of the [Newly qualified pharmacist programme](#) is to support newly qualified pharmacists to develop, and demonstrate, confidence and competence in core areas of pharmacy practice. The programme is designed to support pharmacists to become better equipped to adapt and deliver safe and effective patient care and overcome the challenges of this new stage of your career.

The 12-month programme, fully funded by NHS England as part of their [Newly Qualified Pharmacist pathway](#), takes a blended learning approach, offering a mix of online learning, workshops, assessment and work-based support through a designated CPPE education supervisor.

The programme includes the following online modules:

- Module 1: Person centred care and collaboration
- Module 2: Clinical knowledge, skills and decision making
- Module 3: Leadership and management
- Module 4: Education and research
- Module 5: Preparing to train as an independent prescriber

Next cohort available from 4th November with applications open till end of November.



Funded by:

Supported by:

Primary Care Pharmacy Education Pathway (PCPEP)

CPPE's [Primary Care Pharmacy Education Pathway](#) has supported over 17,000 pharmacy professionals working in Primary Care Networks in Additional Roles Reimbursement Scheme (ARRS) roles. Developing skills and knowledge to support enhanced work and the long-term vision of the NHS.

The programme is 15 months for pharmacy technicians and 18 months for pharmacists and consists for five modules

- Module 1 – foundation (introduction to primary care, structured medication reviews, consultation skills and clinical assessment skills)
- Module 2 – enhancing clinical knowledge (five complex cases over six months covering a large range of clinical topics)
- Module 3 – Clinical assessment skills (developing skills such as taking manual and automated blood pressure, respiratory rate, pulse, oxygen saturation and temperature)
- Module 4 – Leadership (leadership learning and quality improvement project development)
- Module 5 – Building on skills and knowledge from previous modules



Places are now available for pharmacy professionals working in GP practice and care homes that are not funded by ARRS, the Health and Justice sector and Armed Forces. Cohort 18 starts January 2025, apply via [PCPEP Applications](#)

Community pharmacy technician: advancing your role

The [Community pharmacy technician: advancing your role](#) programme has been launched in collaboration with the Pharmacy Integration Programme at NHS England has recently had the application window extended. The fully funded learning programme is designed to help community pharmacy technicians develop the skills and confidence to deliver effective clinical services in community pharmacy. Pharmacy technicians who currently work in community pharmacy and are looking to upskill themselves to develop their roles in practice can apply to take part.

The different topic areas in this programme will support pharmacy technicians to demonstrate appropriate clinical assessment skills and apply them to practice, to apply the essential knowledge and skills required to deliver highly effective clinical services in community pharmacy, and to apply relevant clinical therapeutics to person-centred consultations, ensuring that shared decision making is prioritised.

The programme consists of the following components:

- Four-month self-directed e-course comprised of six modules

Funded by:

Supported by:

- Learning needs assessment (LNA) at start of programme
- Initial meeting with an education supervisor to discuss learning needs and form an action plan
- Approximately 4-6 hours of learning per week
- One face-to-face workshop on clinical assessment skills (CAS)
- Workplace practice of CAS – to be signed off in practice
- Mandatory two-hour evening workshop for reflection in month four
- Optional monthly one-hour peer support sessions



Accuracy Checking Pharmacy Technician programme

CPPE have an [Accuracy Checking Pharmacy Technician programme](#) available to all areas of practice where pharmacy technicians have access to a dispensary. The programme includes online learning modules alongside work-based support and assessment. Pharmacy technicians will be supported by a work-based education supervisor and a CPPE tutor. The course aligns with APTUK National Education Framework for the Final Accuracy Checking of Dispensed Medicines and Products. The course has been designed to be completed in a minimum of three months and a maximum of twelve months with the main aims of the programme being:

- develop the skills required to be a safe final accuracy checking pharmacy technician
- improve leadership skills to direct the dispensary team
- support the multi-disciplinary team to deliver patient-facing services. For more information, fees and registration visit [Accuracy checking pharmacy technician programme : CPPE](#)

Ten NHS England funded places will be available every month (from the 1st of every month) or the option to pay for a place is also available.

New CPPE programmes and updates

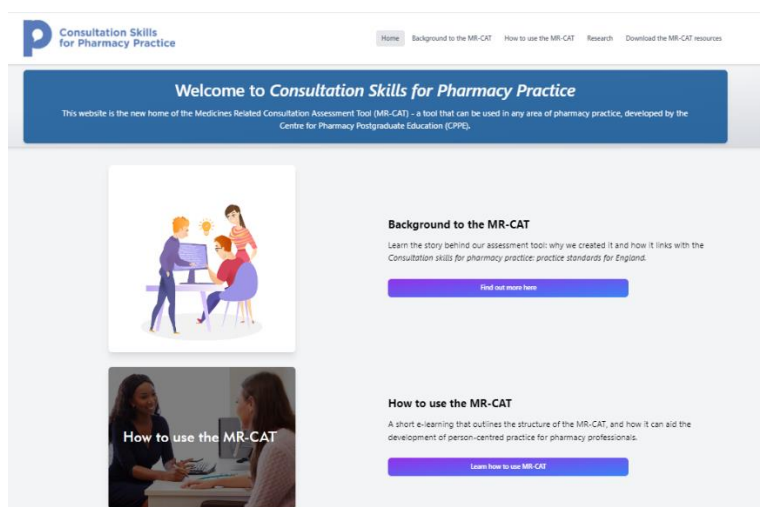
The CPPE learning & development team have been busy, and we have many new programmes to share with you to support the development of all pharmacy professionals including the hot topics that are a focus for the NHS.

Funded by:

Supported by:

NEW Consultation skills for pharmacy practice website

CPPE have launched a new look [Consultation Skills for Pharmacy Practice](#) website. The new website focuses on the validated *medicines related consultation assessment tool (MR-CAT)*. The MR-CAT tool was developed by CPPE and is now internationally validated to support healthcare professionals rate their consultations, focusing on person-centred care. MR-CAT can be used as an observation tool and a self reflection tool. Find out more at [Consultation Skills for Pharmacy Practice](#)



Podcast: CPPE Pharmacy conversations

Love a podcast? In September CPPE launched a monthly podcast series [CPPE: Pharmacy Conversations](#) dedicated to bringing you insightful discussions with leading experts and innovators who are shaping the future of our profession. Each episode covers a range of topics critical to the evolving role of pharmacy professionals, including leadership, patient safety, prescribing, and much more.

September's edition discussed Leadership in Pharmacy with Jane Brown & Nicola Stockmann and the October edition explored the developing roles of pharmacist prescribers with Keyleigh Davison, Surhab Sayfi & James Williams. Subscribe via [Apple podcasts](#), [Android](#) or [Spotify](#).

NEW Pharmacy technicians: using patient group directions in practice e-learning

In the summer legislation was passed to enable pharmacy technicians to provide medication via a patient group direction (PGD). CPPE have developed the [Pharmacy technicians: using patient group directions in practice : CPPE](#) e-learning. This programme supports pharmacy technicians to develop the confidence to work under patient group directions (PGDs). It provides examples of opportunities to use PGDs in practice and uses activities that aim to empower pharmacy technicians to work under PGDs to increase capacity for person-centred care within the healthcare team.

Funded by:

Supported by:

NEW Care Homes: supporting people, optimising medicines

CPPE have updated the popular care homes e-learning, the new [Care homes: supporting people, optimising medicines : CPPE](#) programme is now available. This e-learning will help you gain understanding of the different roles care home employees and members of the healthcare team have in supporting residents. It also looks at care home legislation, quality, standards and how pharmacy teams can support patients living in care homes.



NEW Valproate: the hard conversations online workshop

CPPE have developed an online workshop [Valproate: the hard conversations - focal point : CPPE](#). This workshop will help you to develop your skills and confidence in using a person-centred approach to help manage the risks associated with valproate. It covers tips on how to initiate a conversation about the risks of valproate use in pregnancy and the need for effective contraception and how to apply the principles of person-centred care and shared decision making in consultations with people prescribed valproate.

NEW Pharmacy First: delivering a quality service e-learning

Juggling the many aspects of Pharmacy first can be challenging. CPPE's latest e-learning to support Pharmacy First is [NHS Pharmacy First - Delivering a quality service : CPPE](#). This e-learning helps you

- to manage expectations around what is available within NHS Pharmacy First consultations
- apply consultation skills including the CHESTSSS framework to increase your confidence in managing people's expectations around appropriate antibiotic provision
- apply strategies that can support you to increase your confidence in consultations with children, parents, carers and companions
- create a clear and concise consultation record for an NHS Pharmacy First consultation
- explain how you can work with other healthcare professionals and stakeholders in your community to improve access to NHS Pharmacy First
- create an action plan to develop your practice for NHS Pharmacy First consultations.

Funded by:

Supported by:

Visit the Pharmacy First page for a full list of resources and learning to support the Pharmacy First service.
[NHS Pharmacy First service : CPPE](#)



This page hosts a range of information of resources including:

- A [self-assessment framework](#)
- Links to the [Pharmacy First Service Specification, clinical pathways and PGD's](#)
- Links to key CPPE programmes to support the service including:
 - [Common clinical conditions e-learning](#) – 8 hours
 - [NHS Pharmacy First: Clinical assessment and examination skills full-day workshop : CPPE](#)
 - [Dermatology e-learning](#) – 2 hours
 - [Pharmacy First essentials e-course](#) – 8 hours
 - [Pharmacy First Otis media e-learning](#) – 1 hour – medic led video's & quiz
 - [Pharmacy First Sinusitis e-learning](#) - 1 hour – medic led video's & quiz
 - [Pharmacy First Sore throat e-learning](#) - 1 hour – medic led video's & quiz
 - [Pharmacy First Shingles e-learning](#) -1 hour – medic led video's & quiz
 - [Pharmacy First infected insect bites e-learning](#) - 1 hour – medic led video's & quiz
 - [Pharmacy First Impetigo e-learning](#) - 1 hour – medic led video's & quiz
 - [Pharmacy First: Clinical assessment essential skills online workshop](#) (formally CPCS essential skills)
 - [UTI e-learning](#) - 30 minutes
 - [Urgent care: the role of community pharmacy and the NHS Pharmacy First service : CPPE](#)
 - [Documenting in patient clinical records : CPPE](#) e-learning – 6 hours

A similar page is available for the Contraception service element of Pharmacy first: [NHS Pharmacy Contraception Service \(PCS\) : CPPE](#)

Leadership

Chief Pharmaceutical Officer's Pharmacy leaders development programme

The [Chief Pharmaceutical Officer's Pharmacy leaders development programme](#) is for experienced pharmacists and pharmacy technicians who aspire to lead large and complex NHS departments, services, teams or systems of care to benefit patients and local communities. It aims to develop the knowledge, skills, attitudes and behaviours to help experienced pharmacy professionals become outstanding, compassionate and inclusive leaders, and improve the performance of the teams and the people who work with them to deliver improved outcomes for patients and the public. A key objective is to make a positive contribution to improving the diversity of those in senior pharmacy professional leadership positions in the NHS.

The programme has two themes that run throughout: a focus on the 'line of sight' to the quality and experience of those who access health and care services; and a commitment to embed excellence in equality, diversity, and inclusion within all aspects of leadership. The programme offers a comprehensive mix of residential workshops (nine months apart), optional online specialist study days, and small group support to build capability, confidence, and networks across the wider system.

The closing date for applications to join Cohort 8 will be **midday on Monday 16 December 2024**

Pharmacy Technicians

Pharmacy technician impact groups

[CPPE Pharmacy technician impact groups](#) are a series of small group sessions for pharmacy technicians who would like to develop their skills and confidence further. They are designed to complement CPPE's [Pharmacy technician enhancing your professional practice](#) e-course.

Each Impact group session runs from 9.30am to 2.30pm with six sessions in total running on the same day of the week roughly every eight weeks.

The impact groups aim to give pharmacy technicians a space to network across sectors and share best practices.

Prescribing

If you are a prescriber, training to be a prescriber or thinking of becoming a prescriber CPPE has a number of resources and learning programmes to support you.

Prescribing learning gateway page

For more support with prescribing for those who are planning or already prescribers we have the [prescribing learning gateway](#) with links to CPPE and external resources to support all stages of your journey as a prescriber

Funded by:

Supported by:

Prepare to train as an independent prescriber



The CPPE [Preparing to train as an independent prescriber](#) programme is open to pharmacists from all sectors of practice, including community pharmacists who are planning to commence their independent prescriber training with a Higher Education Institute (HEI). This is a fully funded course that helps pharmacists develop the skills and confidence to get ready and best prepare for independent prescriber training.

Return to Prescribing

If you are already an independent prescriber, but have had a break in prescribing practice, you may feel you need some support to restart this role. The CPPE [Return to prescribing programme](#) is open to any pharmacist prescriber registered in England who needs to regain the competence and confidence to prescribe. The programme runs over a three month period with three interactive online workshops.

Extending the scope of prescribing practice

The CPPE [Extending the scope of prescribing practice](#) e-learning programme focuses on extending prescribing practice; so is aimed at pharmacists who are currently prescribing and are familiar with the underlying principles and guidance relating to prescribing.

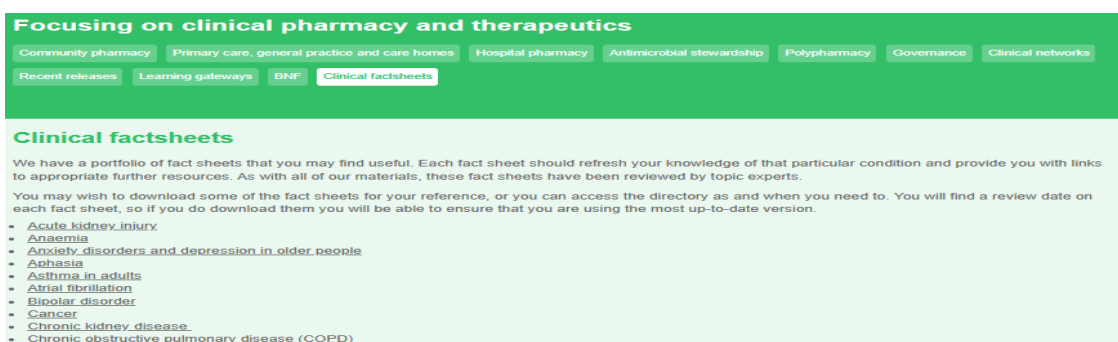
The programme covers the key principles to consider when extending your scope of prescribing practice including reflection, peer review, assurance of competence and prescribing governance to support your approach to the learning and development of new clinical skills and expertise.

Trainee pharmacists

The CPPE [guide to your foundation training year](#), lists CPPE and key external resources to support you in areas of high weighting (page 11 of the guide).

Often in practice you may encounter conditions that highlight a knowledge gap. CPPE have a range of clinical factsheets to support you with up-to-date clinical information. These factsheets cover a wide range of topics including hypertension, sepsis & cancer. They are available to access on the CPPE website.

[Clinical factsheets : CPPE](#)



Focusing on clinical pharmacy and therapeutics

Community pharmacy Primary care, general practice and care homes Hospital pharmacy Antimicrobial stewardship Polypharmacy Governance Clinical networks

Recent releases Learning gateways BNF Clinical factsheets

Clinical factsheets

We have a portfolio of fact sheets that you may find useful. Each fact sheet should refresh your knowledge of that particular condition and provide you with links to appropriate further resources. As with all of our materials, these fact sheets have been reviewed by topic experts.

You may wish to download some of the fact sheets for your reference, or you can access the directory as and when you need to. You will find a review date on each fact sheet, so if you do download them you will be able to ensure that you are using the most up-to-date version.

- Acute kidney injury
- Anaemia
- Anxiety disorders and depression in older people
- Aphasia
- Asthma in adults
- Atrial fibrillation
- Bipolar disorder
- Cancer
- Chronic kidney disease
- Chronic obstructive pulmonary disease (COPD)

Funded by:

Supported by:

If you have any questions about any CPPE programmes, please do not hesitate to contact our North West Regional tutors, Craig, Sarah, Michelle & Jo.

We also welcome any suggestions of what should be included in future newsletters.

	Craig Smith craig.smith@cppe.ac.uk
	Sarah Gough sarah.gough@cppe.ac.uk
	Michelle Staples michelle.staples@cppe.ac.uk
	Joanne Nevinson joanne.nevinson@cppe.ac.uk