

Lancashire and South Cumbria Pharmacy First Supply Formulary

Allergies including hayfever	Chlorphenamine 4mg tablets (30) Chlorphenamine 2mg/5ml syrup (150ml) Loratadine 10mg tablets (30) Loratadine 5mg/5ml syrup (100ml) Sodium Cromoglycate 2% eye drops (10ml) Beclomethasone dipropionate 50mcg/ metered dose nasal spray (200)	Adults and children 6yrs+ 1 year+(up to 12yrs) Adults and children 6yrs+ 6 years+(up to 12 yrs) Adults and children 6 yrs+ 18 years +
Athletes Foot	Clotrimazole cream 1% (20g) Terbinafine Cream (7.5g)	Children over 2 mths and adults 16 years +
Bacterial Conjunctivitis	Chloramphenicol eye drops (p pack (10ml) – Chloramphenicol eye ointment (p pack (4g)	Elderly, adults, and children 2 yrs +
Bites and Stings	Loratadine 10mg tablets (30) Loratadine 5mg/5ml syrup (100ml) Hydrocortisone cream 1%(15g) Crotamiton 10% cream (30g)	Adults and children 6yrs+ 6-12 years Children over 10yrs and adults (not in pregnancy) Adults and children 3 yrs+
Headlice	Dimeticone 4% lotion (50ml x2) - Hedrin, Malathion 0.5% Aqueous Liquid (50mLx2) – Derbac M	Children over 6 months and adults
Colds / Flu Temperature / fever (children only)	Paracetamol 500mg tablets (32) Paracetamol 120mg/5ml SF suspension (100ml) Paracetamol 250mg/5ml SF suspension (100ml) Ibuprofen 200mg tablets (24) Ibuprofen 100mg/5ml SF suspension (100ml)	12 years+ 3 months+ (up to 6 yrs) 6 years +(up to 12 yrs) 12 years+ 3 months+ (up to 12 yrs)
Cold sores	Aciclovir 5% cream (2g)	Adults and children 6yrs +
Headache	Paracetamol 500mg tablets(32) Paracetamol 250mg/5ml SF suspension (100ml) Ibuprofen 200mg tablets (24) Ibuprofen 100mg/5ml SF suspension (100ml)	12 years+ 6 years+ (up to 12 yrs) 12 years+ 6 years (up to 12 yrs)
Nasal Congestion (for babies 3 months-1 year)	Sodium chloride 0.9% nasal drops (10ml)	3 months- 1 year
Constipation	Senna tablets (20) Glycerin Suppositories 4g (12), Ispaghula Sachets (10) Lactulose 300ml	12 years+
Dermatitis	Hydrocortisone cream 1% 15g Aqueous cream 500g Emulsifying ointment 500g	10 years + All ages All ages
Diarrhoea	Loperamide 2mg capsules (6) Electrolyte sachets (6)	12 years+ 2 years +
Ear ache	Paracetamol 500mg tablets (32) Paracetamol 120mg/5ml SF suspension (100ml) Paracetamol 250mg/5ml SF suspension (100ml) Ibuprofen 200mg tablets (24) Ibuprofen 100mg/5ml SF suspension (100ml)	12 years + 6 months-6 years 6 years-12 years 12 years + 6 months- 12 years

	Acetic acid 2% spray		12 years plus
Indigestion / Heartburn	Peptac Liquid (500ml)		6 years+
Scabies	Permethrin 5% dermal cream (30g) Malathion 0.5% aqueous liquid (100ml)		Adults and children 2 yrs+ Adults and children 6 months +
Teething	Paracetamol 120mg/5ml SF suspension (100ml) Ibuprofen 100mg/5ml SF suspension (100ml)		3mths-4years 3mths-4years
Threadworm	Mebendazole 100mg Tabs (1)		Adults and children 2 yrs +
Vaginal Thrush	Clotrimazole cream 2% (20g) Clotrimazole Combi (500mg pessary, 2% cream) Fluconazole 150mg capsule (1)		16-60 years (male only) 16-60 years(female only) 16-60 years

